

CAREER. FAMILY. ORGANISATION.

MAKING IT WORK.

INTERNATIONAL MEN'S DAY

Group coaching taster event for dads

Tuesday 19th November 9.00am-12.00pm

To celebrate International Men's Day, we are offering complimentary places for up to 15 dads at a taster event to sample our award-winning group coaching programme for working parents.

EVENT OVERVIEW

Often overlooked in the support given to working parents, dads are increasingly wanting an active role as parents whilst also maintaining momentum in their career. Drawing on over 13 years experience of coaching working dads, our taster event will cover some of the key topics from our longer group coaching programmes, providing an opportunity to discuss common challenges dads face in navigating career and parenting and gain insight into the solutions and strategies for making it work. The event is tailored specifically for dads and we would encourage you to choose a representative who will gain personal value from it and will be able to provide feedback about the relevance of this support in your organisation.

Attendees will benefit from:

- The opportunity to talk openly about the challenges of being a working parent as well as the chance to share and be offered solutions to address these issues constructively
- Building their understanding of the keys to 'making it work' across career, family and their organisation
- Developing strategies for combining parenting with corporate responsibilities so that they are more productive, satisfied and efficient in both areas of their life
- Meeting a relevant support network of other professional dads

Organisations will benefit from:

- The opportunity to sample one of our flagship courses for working parents at no cost
- The chance to find out more about our style of working and programme content
- Gaining valuable feedback from your own employee about our courses and how they may fit with your working parent support programmes
- An overview and supporting collateral outlining our full range of employee support services
- A chance to show support for working dads on International Men's Day

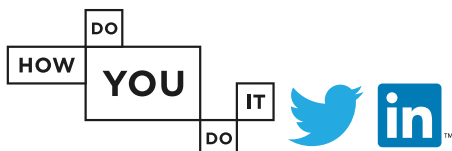
TIMING AND LOCATION

The taster event for dads will be run on **Tuesday 19th November from 9.00am-12.00pm**. Registration is from 9.00am and the course will start promptly at 9.30am. **Venue: Slalom, 2 London Bridge, London, SE1 9RA (Golden Eye Room).**

For further information or to reserve a place, please contact **Clair Hodgson** (clair.hodgson@howdoyoudoit.com, 07867 907860) or **Debs Ingham** (debs.ingham@howdoyoudoit.com, 07530 298067).

ABOUT HOW DO YOU DO IT

How Do You Do It is an international coaching consultancy, established in 2006 to support the retention and progression of working parents. We have always worked with mums and dads and having coached thousands of parents and their managers, we have developed considerable insight into the barriers and solutions to supporting working parents for the benefit of the individual, their team and the wider organisation. Looking at the whole person and how they navigate their career and family responsibilities, How Do You Do It enables individuals to thrive and organisations to benefit from the broadest talent pool.



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