

FROM WORKING PERSON TO WORKING PARENT

One-to-one transition coaching for working parents

Our flexible one-to-one parental coaching, delivered virtually or in person, supports talented people navigate the major life transition from working person to working parent smoothly and effectively. Becoming a parent frequently coincides with a critical point in an individual's career, when they are already leaders or on a leadership track and most parents now combine their career and family responsibilities, sharing both roles with their partner, if they have one.

Consequently, becoming a working parent requires careful consideration, planning and negotiation, both at work and at home, and our individual coaching support equips working parents to make it work for them, their families and their organisations.

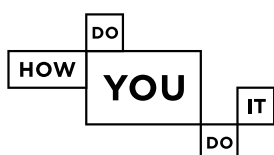


RESULTS FOR INDIVIDUALS

Our one-to-one coaching helps working parents to:

- Facilitate a smooth effective transition from working person to working parent.
- Identify their priorities for integrating career and family with strategies on how to make it work in their "new normal".
- Develop planning, communication and negotiation strategies to facilitate and maintain an effective and workable transition.
- Understand and navigate the realities that this life transition creates with their key stakeholders, including; managers, colleagues and family members.
- Feel supported and able to maintain their career momentum during this key life transition.

"Coaching helped me to embrace the chaos of life as a working parent and has equipped me with many useful tools for managing my career going forward."



FIND OUT MORE

