



MANAGING WORKING PARENTS AND CARERS

Supporting leaders to effectively manage the working parents and carers in their team

Supporting team members as they adjust to major life changes is a vital element of leadership and the transitions to parenthood or taking on caring responsibilities are ones in which the role of a manager is critical in ensuring talented people thrive and feel able to combine their responsibilities at home and in their career.

Our sessions for managers, delivered virtually or in person help leaders to understand some of the challenges working parents and carers may face and how they can provide support at major transition points and on an ongoing basis. This course can be run as separate sessions for managers of working parents and carers or as a combined programme supplemented with an e-learning module for managers of working parents.

"I have better understanding of what working parents are faced with and how to help them get back to work."

RESULTS FOR MANAGERS

Our sessions enable managers to:

- Talk openly with other managers, share strategies and best practice from across the organisation to address the challenges of managing working parents and carers.
- Increase understanding of the difficulties commonly faced by working parents and carers.
- Understand the keys to making it work successfully for working parents through all stages of their parental leave and return to work, with the ultimate aim of maximising their performance in the workplace.
- Understand the keys to supporting carers combine the often unpredictable nature of caring responsibilities along with their career.
- Develop further practical tools to support and engage with working parents and carers more easily and confidently.



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