



BECOMING A WORKING PARENT

How to plan for a successful parental leave and return to work

The shift from working person to working parent is a huge transition and people can often focus on the immediate period before parental leave without considering and adequately planning what happens when they return.

Our pre-parental leave sessions, delivered virtually or in person are designed to help individuals set up the systems and support needed to create a smooth transition to their leave and importantly back again. During the sessions participants connect with a network of other parents in their organisation providing an invaluable source of support and advice both before and after leave. This group course can also be supported with an e-learning module.

“This will encourage people to return to work and retain talent.”

RESULTS FOR PARENTS-TO-BE

Our pre-parental leave sessions enable individuals to:

- Have clarity about what to do to plan and execute an effective transition to parental leave.
- Be able to communicate clearly and confidently about what they would like and what will work for the organisation.
- Maintain engagement with the organisation during leave.
- Maximise the options available post leave.
- Share experience and good practice with parents in other areas of the business.
- Create a relevant support network of role models and mentors.



FIND OUT MORE

